

## Lump sum disability and functional impairment benefits

Policy number																				
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You have a say in how Momentum treats your personal information. We abide by confidentiality principles and the Protection of Personal Information Act. You voluntarily give us your consent to collect, record, store and use (process) your information including special information for the purposes of processing and assessing this claim, and related transactions and to share it with our partners and contracted service providers who are legally bound to the same principles. Your personal information is collected and processed by our staff, representatives, reinsurance partners or sub-contractors. We will make every reasonable effort to protect and secure your personal information. To assess your claim, we may need to share your information with others in the Momentum Metropolitan Group or contracted service providers (both locally and abroad). Momentum Metropolitan Group will make sure that the contracted service providers agree to our privacy and security policies if they need access to your personal information for claims and statistical purposes. You can access your information at any time and ask us to change or correct it. You may object to us using your personal information except when we need it to conclude business transactions with you, or to fulfil our legal obligations. You also have a right to request that we delete your personal information in our possession if we no longer legally require it. If you think your personal information is being tampered with, or that it has not been protected, please refer your complaints to our internal data privacy team at [dataprivacy@momentummetropolitan.co.za](mailto:dataprivacy@momentummetropolitan.co.za). Should you not be satisfied with the outcome, you may refer your case to government's Information Regulator at [infoereg@justice.gov.za](mailto:infoereg@justice.gov.za) or contact them on **012 406 4818**.

### Contact details

To submit a claim, follow up on a claim, or to provide us with additional required documentation, you can contact us in any of the following ways. Our office hours are from 8:00 – 17:00.

E-mail: [lumpsumclaims@momentum.co.za](mailto:lumpsumclaims@momentum.co.za)  
 Fax: **+27 12 675 3947** (Please quote the policy number on the fax.)

**Or call us for more information:**

Sharecall (South Africa): **0860 44 11 11**  
 Tel: **+27 12 675 3052**  
 International: **+27 11 505 1552**

### Requirements

In order for Momentum to process your claim, the following is required:

Requirements	Own occupation disability	Functional impairment	Activities of Daily Work
A completed claim form	✓	✓	✓
A certified copy of your identity document	✓	✓	✓
Copies of all recent medical reports	✓	✓	✓
Official proof of discharge (if employed by employer)	✓		
A copy of a cancelled cheque or a bank statement in the name of the policyholder	✓	✓	✓
Curator bonis appointment if the claimant is not able to handle his/her own financial affairs	✓	✓	✓
Copy of official accident report			
Certified proof of the insured life's driving license (if applicable).	✓	✓	✓
ADL or ADW questionnaire		✓	✓
Certified proof of residential address, not older than three months, reflecting the name of the claimant.	✓	✓	✓

We may require additional information. You must provide us with written notice of a claim within six months of the claim event. Before we admit a claim, we reserve the right to have the insured life examined by a doctor that we have chosen.

### Preferred communication

As part of our claim's process we will keep your servicing financial adviser on our system informed of the progress of the claim.

Should you not wish the servicing financial adviser to remain informed of the progress of the claim, please indicate with a tick.

In the event that you selected the above option, you will be responsible to submit all claim documentation to Momentum directly.

Name and surname

<b>Signature</b>	<input type="text"/>	<b>Date</b>	<input type="text"/>
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## 1: Policyholder details

Title	<input type="text"/>	Initials	<input type="text"/>	First name	<input type="text"/>	
Surname/name of legal entity	<input type="text"/>					
Previous surname(s)	<input type="text"/>					
Contact person in case of legal entity	<input type="text"/>					
Gender	Male <input type="checkbox"/>	Female <input type="checkbox"/>	Correspondence language	English <input type="checkbox"/>	Afrikaans <input type="checkbox"/>	
Date of birth	<input type="text"/>	<input type="text"/>	Nationality	<input type="text"/>		
Permanent identity number	<input type="text"/>	Permanent ID	Yes <input type="checkbox"/>	No <input type="checkbox"/>		
Postal address	<input type="text"/>					
	<input type="text"/>				Postal code	<input type="text"/>
Telephone - home	<input type="text"/>	Fax - home	<input type="text"/>			
Cellphone number	<input type="text"/>					
E-mail address	<input type="text"/>					

## 2: Insured life details

A. If the life insured is not the policy holder this section must be completed with the life insured's details

Title	<input type="text"/>	Initials	<input type="text"/>	First name	<input type="text"/>	
Surname	<input type="text"/>					
Previous surname(s)	<input type="text"/>					
Gender	Male <input type="checkbox"/>	Female <input type="checkbox"/>	Correspondence language	English <input type="checkbox"/>	Afrikaans <input type="checkbox"/>	
Date of birth	<input type="text"/>	<input type="text"/>	Nationality	<input type="text"/>		
Permanent identity number	<input type="text"/>	Permanent ID	Yes <input type="checkbox"/>	No <input type="checkbox"/>		
Postal address	<input type="text"/>					
	<input type="text"/>				Postal code	<input type="text"/>
Residential address	<input type="text"/>					
	<input type="text"/>				Postal code	<input type="text"/>
Telephone - work	<input type="text"/>	Fax - work	<input type="text"/>			
Telephone - home	<input type="text"/>	Cellphone number	<input type="text"/>			
E-mail address	<input type="text"/>					
Income tax number	<input type="text"/>					
Income tax office	<input type="text"/>					

## 3: Medical aid details

Current medical aid name	<input type="text"/>				
Current medical aid number	<input type="text"/>				
Medical aid telephone number	<input type="text"/>	Date of joining	<input type="text"/>	<input type="text"/>	<input type="text"/>
Previous medical aid name	<input type="text"/>				
Previous medical aid number	<input type="text"/>				
Name of main member	<input type="text"/>				

## 4: Occupational history

Provide details of your employment, including your present and/or last occupation. The exact dates (at least month and year) of the commencement and termination of your service are required.

### If employed by employer

Name of employer	<input type="text"/>												
Address	<input type="text"/>												
	<input type="text"/>								Postal code	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Telephone number	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>		
Job title and occupation	<input type="text"/>												
Type of industry	<input type="text"/>												
Nature of work	<input type="text"/>												
Date of commencement	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>		
	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>		
Date of termination	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>		
Reason for termination of service	<input type="text"/>												

### If self-employed

Company name	<input type="text"/>												
Address	<input type="text"/>												
	<input type="text"/>								Postal code	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Telephone number	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>		
Job title and occupation	<input type="text"/>												
Nature of work	<input type="text"/>												
Date of commencement	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>		
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Date of termination	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>		
Reason for termination of service	<input type="text"/>												

What was the last date on which you were actively able to do your work?

(Not necessarily the date of termination of service.)

What was your total taxable income during the twelve months before your disability, excluding income from investments? R

Give details of all other benefits which you have received or expect to receive as a result of your disability. This includes payment from any employers, insurance companies, pension or retirement annuity funds, any state assistance or income from any other source:

a. Source of benefit	<input type="text"/>	Policy/Benefit number	<input type="text"/>
Amount	R <input type="text"/>	Starting date of payment	<input type="text"/>
Regular payments or lump-sum benefit	R <input type="text"/>		
b. Source of benefit	<input type="text"/>	Policy/Benefit number	<input type="text"/>
Amount	R <input type="text"/>	Starting date of payment	<input type="text"/>
Regular payments or lump-sum benefit	R <input type="text"/>		

## 5: Medical information

### 5.1 Details for occupational disability claims

**Attach all medical reports and test results. Further requirements may be required depending on the type of benefit.**

State the nature of the injuries or illness that caused your disability:

Describe the symptoms that you are experiencing:

On which date did you first experience any symptoms?

On which date did you first consult a doctor regarding these symptoms?

5: Medical information (continued)

5.1 Details for occupational disability claims (continued)

Describe how the symptoms mentioned above have affected your ability to perform the main duties of your own occupation:

Are you still able to perform some of your occupational duties?

Yes  No

Indicate to what extent (in percentage) you were able to perform the following, and what duties you can currently perform? The percentages must add up to a total of 100%

Prior to disability	Percentage	Currently	Percentage
Administrative duties	<input type="text"/> <input type="text"/> <input type="text"/> %	Administrative duties	<input type="text"/> <input type="text"/> <input type="text"/> %
Manual/physical duties	<input type="text"/> <input type="text"/> <input type="text"/> %	Manual/physical duties	<input type="text"/> <input type="text"/> <input type="text"/> %
Supervisory duties	<input type="text"/> <input type="text"/> <input type="text"/> %	Supervisory duties	<input type="text"/> <input type="text"/> <input type="text"/> %
Travelling by car, truck, etc.	<input type="text"/> <input type="text"/> <input type="text"/> %	Travelling by car, truck, etc.	<input type="text"/> <input type="text"/> <input type="text"/> %
Walking and standing	<input type="text"/> <input type="text"/> <input type="text"/> %	Walking and standing	<input type="text"/> <input type="text"/> <input type="text"/> %

Are you still working a full working day?

Yes  No

List and describe the main duties you are no longer able to perform:

Are you at present able to manage your personal affairs and take care of your personal needs?

Yes  No

If "no", what can you not do?

What was the last date on which you were actively able to do your work (where applicable)?

(Not necessarily the date of termination of service.)

Date of official discharge (where applicable)

Have you been hospitalised for special examinations or treatment?

Yes  No

If "yes", provide details:

Name of hospital	Date of admission	Date of discharge	Patient number
<input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
<input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
<input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>
<input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>

6: General practitioner of the insured life

Confidential correspondence:

Current/most recent doctor

Surname  Initials

Telephone - work

Email address

When did he/she become your regular doctor?

Name of previous general practitioner  Initials

Telephone - work

Email address

Details of other doctors, specialists and consultations

Name and surname

Type of specialist

Email address

Telephone - work

## 6: General practitioner of the insured life (continued)

Details of other doctors, specialists and consultations (continued)

Name and surname	<input type="text"/>
Type of specialist	<input type="text"/>
Email address	<input type="text"/>
Telephone - work	<input type="text"/>

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## 7: Accident details

**Complete only if your disability has been caused by an accident.**

Date of accident	<input type="text"/>		
Place of accident	<input type="text"/>		
Accident was caused by	<input type="text"/> Motor vehicle accident	<input type="text"/> Accident at work	<input type="text"/> Accident at home
	<input type="text"/> Shooting accident	<input type="text"/> Other	<input type="text"/>

Provide a brief description of the circumstances surrounding the accident:

Provide a complete copy of the accident report, all pages back and front.

Police station	<input type="text"/>		
Case number	<input type="text"/>		
Telephone number	<input type="text"/>	Fax number	<input type="text"/>

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## 8: Premiums

Please note that the premium payer remains responsible for the payment of premiums while we assess a claim.

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## 9: Income Tax

In accordance to the Income Tax Act we are obligated to request a Tax Directive from SARS for Retirement annuity payments.

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## 10: Payment to cessionary

In the event of a policy being ceded, provide us with the official letter from the cessionary/bank confirming the bank account details into which they wish the proceeds to be paid.

In the event of a cession being cancelled, provide us with the official cancellation letter from the appointed cessionary.

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## 11: Disclaimer

Momentum will take all reasonable steps to ensure the security and confidentiality of the information submitted. Momentum also ensures the integrity and security of its electronic data systems and warrants that it will comply with all relevant legislation relating to electronic communications. However, Momentum will accept no liability for loss or damages of any nature resulting from:

- Your negligent usage of this electronic platform for transactional purposes or that of your Representative.
  - The claim data being incorrectly captured by you or on your behalf.
  - The payment details or the payee details being incorrect.
-

## 12: Declaration by policyholder/insured life

I accept that I am personally responsible for the cost of this examination and any other supporting reports or documentation required by Momentum to process the claim.

The policyholder/insured life accepts and understands the limitation of their right to privacy by signing this claim form. To enable the assessment of any claim for benefits, the policyholder and/or the insured life authorises Momentum to:

- Obtain from any person, other insurer, medical aid, medical practitioner/institution, or any other company/companies, any information that Momentum requires for assessing and processing this claim. The policyholder/insured life authorises such person(s) to give the information to Momentum;
- Share with other insurers for the purposes of assessing and processing the claim, any information in this form or in any related policy or other document, either directly or through a database operated by or for insurers as a group and in such detailed, abbreviated or coded form as Momentum or the operators of such database may decide from time to time, and
- Disclose my medical information to any parties that Momentum uses in providing services in connection with the policy.

Signed at

Signature of insured life

Date

I declare that to the best of my knowledge all the information in this report is accurate and complete and that I have not withheld any information which could influence a decision on this claim. I further acknowledge that I fully understand the contents of this declaration.

Signed at

Signature of policyholder

Date

## 13: Medical Information: To be completed by the treating doctor/specialist

**The specialist, physician or general medical practitioner who attends or has last attended the claimant, must complete this section in full, in black ink and in block letters. The client must pay any costs incurred.**

How long have you known the patient professionally?

From

to

When were you first consulted about the patient's present medical condition?

On what date was this condition diagnosed?

Diagnosis of condition

What is the underlying cause of this condition, in your opinion?

Provide a full description of the patient's present physical/mental state:

Provide a full description of the previous and current treatment including medication prescribed, surgery, rehabilitation and counselling:

Please comment on response to the treatment\*:

Are you considering any further treatment, operations, procedures or investigations?

Yes

No

If "yes", provide full details:

Is the patient's current health status likely to change in the foreseeable future?

Yes

No

13: Medical Information: To be completed by the treating doctor/specialist (continued)

Has Optimal treatment\*/ Maximum Medical Improvement (MMI)\*\* been reached?

Yes  No

If "yes", provide full details:

\* **Reasonable optimal treatment:** This is the treatment that Momentum may reasonably expect the insured life to undergo according to the guidelines for the specific condition under the generally accepted medical practice at claim stage. It is expected that the insured life comply with his treatment routine.  
 \*\* **Maximal Medical Improvement (MMI):** A condition or state that is well stabilised and unlikely to change substantially in the next year with or without medical treatment. There may be some change over time, but further recovery is not expected.

Has the abuse of alcohol or drugs or any other substance (specify) contributed to or caused the present condition?

Yes  No

If "yes", provide the dates and places of treatment:

Date	<input type="text" value="D"/> <input type="text" value="D"/> <input type="text" value="M"/> <input type="text" value="M"/> <input type="text" value="Y"/> <input type="text" value="Y"/> <input type="text" value="Y"/> <input type="text" value="Y"/>	Place	<input type="text"/>
Date	<input type="text" value="D"/> <input type="text" value="D"/> <input type="text" value="M"/> <input type="text" value="M"/> <input type="text" value="Y"/> <input type="text" value="Y"/> <input type="text" value="Y"/> <input type="text" value="Y"/>	Place	<input type="text"/>
Date	<input type="text" value="D"/> <input type="text" value="D"/> <input type="text" value="M"/> <input type="text" value="M"/> <input type="text" value="Y"/> <input type="text" value="Y"/> <input type="text" value="Y"/> <input type="text" value="Y"/>	Place	<input type="text"/>
Date	<input type="text" value="D"/> <input type="text" value="D"/> <input type="text" value="M"/> <input type="text" value="M"/> <input type="text" value="Y"/> <input type="text" value="Y"/> <input type="text" value="Y"/> <input type="text" value="Y"/>	Place	<input type="text"/>

Has the patient ever been counselled for this condition?

Yes  No

If "yes", provide the dates and places of counselling:

Date	<input type="text" value="D"/> <input type="text" value="D"/> <input type="text" value="M"/> <input type="text" value="M"/> <input type="text" value="Y"/> <input type="text" value="Y"/> <input type="text" value="Y"/> <input type="text" value="Y"/>	Place	<input type="text"/>
Date	<input type="text" value="D"/> <input type="text" value="D"/> <input type="text" value="M"/> <input type="text" value="M"/> <input type="text" value="Y"/> <input type="text" value="Y"/> <input type="text" value="Y"/> <input type="text" value="Y"/>	Place	<input type="text"/>
Date	<input type="text" value="D"/> <input type="text" value="D"/> <input type="text" value="M"/> <input type="text" value="M"/> <input type="text" value="Y"/> <input type="text" value="Y"/> <input type="text" value="Y"/> <input type="text" value="Y"/>	Place	<input type="text"/>
Date	<input type="text" value="D"/> <input type="text" value="D"/> <input type="text" value="M"/> <input type="text" value="M"/> <input type="text" value="Y"/> <input type="text" value="Y"/> <input type="text" value="Y"/> <input type="text" value="Y"/>	Place	<input type="text"/>

Provide the names and addresses of any other doctors known to you who treated the patient for his/her present condition:

Title	<input type="text"/>	Initials	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	First name	<input type="text"/>
Surname	<input type="text"/>				
Email address	<input type="text"/>				
Telephone number	<input type="text"/>				
Title	<input type="text"/>	Initials	<input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	First name	<input type="text"/>
Surname	<input type="text"/>				
Email address	<input type="text"/>				
Telephone number	<input type="text"/>				

Have you previously treated the patient for any other physical or mental condition not related to the present disease/illness?

Yes  No

If "yes", provide the dates on which the conditions started, the dates and the nature of treatment:

Date	<input type="text" value="D"/> <input type="text" value="D"/> <input type="text" value="M"/> <input type="text" value="M"/> <input type="text" value="Y"/> <input type="text" value="Y"/> <input type="text" value="Y"/> <input type="text" value="Y"/>
Condition	<div style="border: 1px solid black; height: 60px;"></div>
Treatment	<div style="border: 1px solid black; height: 60px;"></div>

## 14: Details of patient's disability/impairment

In your opinion, is there functional impairment due to the disease/illness or medical condition?

Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
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If "yes", provide full details:

Is the patient at present, or could he/she in the foreseeable future be restricted to his/her home or confined to bed?

Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
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Has the patient ever been tested for HIV?

Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
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If "yes", what was the result of the test?

Provide any further comments

## 15: Declaration by doctor

Policy number

Title

	Initials		First name	
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Surname

Physical address

	Postal code	
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Telephone number

Fax number

Cellphone number

Practice number

Email address

I declare that to the best of my knowledge, the information in this report is accurate and complete and that I have not withheld any information which could influence a decision on this claim.

Signed at

**Signature of medical doctor**

**Date**

D	D	M	M	Y	Y	Y	Y
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